



MEDICAL EMERGENCY ACTION PLAN

Club Name: Humbledon & Plains Farm Youth Football Club
Club Address: Plains Farm Primary Academy, Tudor Grove,
Plains Farm, Sunderland
Postcode: SR3 1SU
Telephone: 07713 098287 (Kev Byers - Club Chairman)

First Aiders / Helper / Team's MEAP contact Information

See relevant Team Manager or Coach for first aider on day of match

All HPF YFC managers and coaches hold a FA Emergency First Aid Certificate (as a minimum). They will be able to assist with a medical emergency. Please locate the nearest HPF Manager or Coach should you require assistance. Every team should also have a person nominated to be their MEAP contact.

Emergency Services Access

In the event the Emergency Services need to be called you must ensure the team's MEAP contact (or their deputy) ensure that:-

- 1) The Tudor Grove entrance gates are wide open to allow ease of access for emergency vehicles and to avoid them stopping
- 2) The gates to the yard are wide open to allow ease of access for emergency vehicles and to avoid them stopping
- 3) The car park is clear of cars along the emergency access route
- 4) The gates to the football pitches are wide open to allow ease of access for emergency vehicles and to avoid them stopping
- 5) The team's MEAP contact (or deputy) then stands on Tudor Grove to wait for and alert the Emergency Services to the academy entrance
- 6) The team's MEAP contact (or deputy) must also ensure that someone is standing on the yard/car park to show the Emergency Services the safest and quickest route to the football pitches.



First Aid Equipment and Facilities

First Aid Kit: Team's first aid bag or the club's kit cabin

Defibrillator: On the outside wall of the school, to the left of the exit of the football pitches grassed area. Code **C123X**

Stretcher: N/A

First Aid Room: N/A

Access Routes

For Ambulance:

- The Academy is accessed from Tudor Grove from two directions - either Durham Road (A690) or Premier Road (B1405).
 - From Premier Road the academy entrance is the first left halfway up the bank.
 - From Durham Road the academy entrance is the third right on the way down the bank.
 - Turn into the academy following the road round to the left, through the yard/car park gates to the wooden fence at the end then turn right and drive along the Emergency Services access route either parking between the wooden posts or continuing straight on and into the playing fields.
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Other Information

Nearest A&E / Trauma Hospital:

Sunderland Royal Hospital NHS Trust
4 Kayll Road
Sunderland
SR4 7TP
Phone 0191 565 6256

Alternative Trauma Hospital:

South Tyneside District Hospital
Harton Lane
South Shields
NE34 0PL
Phone: 0191 404 1000

Distance & Journey Time: 1.5 miles / 5 mins

Distance & Journey Time: 8.0 miles / 18 mins



PLEASE ENSURE THE EMERGENCY VEHICLE ACCESS ROUTE IS ALWAYS LEFT CLEAR.

IF YOU SPOT A VEHICLE IN PARKED IN THE EMERGENCY VEHICLE ACCESS ROUTE PLEASE MOVE THEM ON OR ENQUIRE WHO OWNS IT AND REQUEST IT BE MOVED IMMEDIATELY.

IT COULD BE YOUR SON / DAUGHTER THAT NEEDS ATTENTION.

THANK YOU

